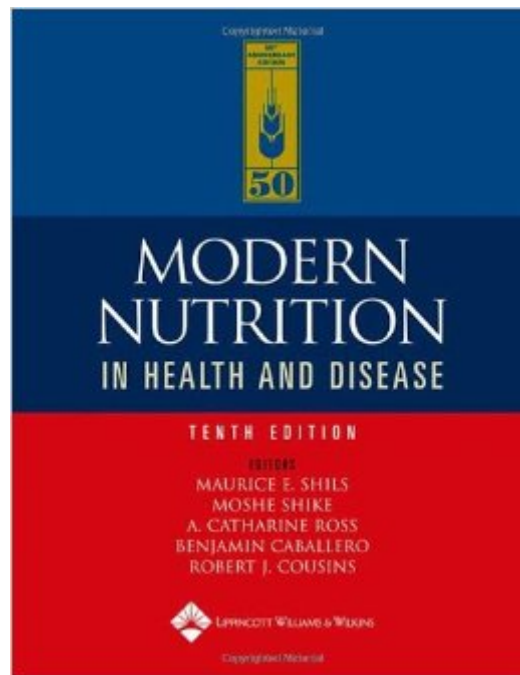


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# Modern Nutrition In Health And Disease (Modern Nutrition In Health & Disease (Shils))



## Synopsis

The Tenth Edition of this widely acclaimed book is a complete, authoritative reference on nutrition and its role in contemporary medicine, dietetics, nursing, public health, and public policy.

Distinguished international experts provide in-depth information on historical landmarks in nutrition, specific dietary components, nutrition in integrated biologic systems, nutritional assessment through the life cycle, nutrition in various clinical disorders, and public health and policy issues. This 50th Anniversary edition offers coverage of nutrition's role in disease prevention, international nutrition issues, public health concerns, the role of obesity in a variety of chronic illnesses, genetics as it applies to nutrition, and areas of major scientific progress relating nutrition to disease.

## Book Information

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Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (8 customer reviews)

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## Customer Reviews

This new edition offers a variety of essential knowledge for human nutrition. This book provides an up-to-date, comprehensive and detailed account of the nutrition in monitoring human health. I adopt as a textbook for classroom and reference use.

Definitely a must-have for those seeking higher learning in the field of nutrition. Covers in-depth individual topics on different vitamins and minerals as well as specific disease conditions.

Simple: This is THE book to buy. It is well-written, well-formatted, easy to read. There are no others

that come close.

It is a great combination of all the knowledge concerning nutrition, though some of its context is a bit outdated.

This book is a must-have for anyone interested in furthering their knowledge of the biochemical nature of disease processes, & appropriate nutritional/medical interventions.

Physiology/pathophysiology is clear & succinct, & covers diseases not often covered in other nutritional texts. Nice to see a US publication using SI rather than Empirical Units! The Appendices are one of the highlights of the book- not just a few tables, but a whole section- very useful & practical. One short-fall in this book is the lack of use of uniform imaging & coloured diagrams, and only 2 pages of colour plates (Part IIe, section 38)?!, which detracts slightly from their welcome abundance. In all, a prized addition to anyone's library who wishes to have a comprehensive resource at their fingertips. Book quality- This is a well-bound, sturdy publication, with fine paper a necessity to hold over 2000 pages of information. I was a little disappointed to find, on unwrapping the book, that it has a whelt (moisture or manufacture?) on the cover along with some scratches, and a few of the front pages were dog-eared. If customers are paying over \$100 for a text, they expect better care of the book on your part!

Excellent condition

This is a good book for everyone concern about healthy life

I ordered this book based on it's description and image, assuming it would be the tenth edition. I have received the ninth edition and will be returning my purchase for exchange or refund.

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